

**OMQG Outreach Committee Info Sheet**  
**(Updated 2/6/2024)**

**OMQG currently participates in three outreach programs. Mahalo to all of you who are able to contribute. Our committee consists of Martha Wacker (chair), Stephanie Okabe, and Noreen Oyasato. Please see below for contact information.**

### **Pillowcases**

We donate regular size pillowcases to *The Institute for Human Services (IHS)*. The pillowcases are given to men, women & children transitioning from being houseless to IHS living. We recommend using the “burrito” sewing method, but you can make it however you wish. If you need the pattern, contact Martha.

- You can use any fabrics you wish if they are 100% cotton. (use your stash)
- At most guild meetings look for free kits available to take home, make and return!

### **Baby Quilts**

We provide baby quilts to Kapiolani Medical Center for Women & Children. Our focus is to provide the NICU, the maternity floor and baby/toddler patients with quilts.

- You can use any of the ideas/patterns provided by the Outreach Committee or use your own. Just remember to keep the quilts within the following ranges- NICU quilts need to be minimum 29” X 29” to max of 32” x 32.” All other baby quilts can be any length & width up to throw size.
- To receive a list of available patterns, their sizes & supplies needed, contact Martha.
- Please do not attach any business tags/labels or embroidered company names on your quilts.
- We are always looking for fabric donations. Kids novelty prints, solids and larger pieces for backings (1-yard pieces or larger) are especially needed. Fabric and batting must be clean, 100% cotton.
- If you need fabric, backing and/or batting to complete your quilts for donation please contact Martha. We will also have a Baby Quilt Supplies table set up at the guild meetings a few times a year.

### **Quilts for Pearl Haven**

- Ho’ola Na Pua’s Pearl Haven is a refuge that provides therapeutic services for youth ages 11-17 who have experienced sexual abuse, sexual exploitation, or trafficking.
- Quilters are asked to make and donate one throw size up to twin sized quilt for each girl to use at Pearl Haven. The girls will keep the quilts after their stay at Pearl Haven, which can be anywhere from a few months to a year.

- Quilts should be throw size, 50 x 60" up to twin sized, 70 x 90". Only cotton or cotton/poly fabrics, no knits or flannels please. When donating quilts, please pin your name, email address and approximate value on the quilt. Pearl Haven will send you a donation receipt.
- The request for quilts is ongoing. For more information about Ho'ola Na Pua - <https://hoolanapua.org/our-story/> For more information about Pearl Haven - <https://hoolanapua.org/health/pearl-haven/>
- Contact person for Pearl Haven donations is Stephanie Okabe. She will collect and arrange delivery of quilts to the Ho'ola Na Pua local contact. You can reach her at 808-833-1704 or email at [StephOkabe@gmail.com](mailto:StephOkabe@gmail.com).
- Ho'ola Na Pua requests that no photographs of the quilts be posted publicly.

### **Turn In/Drop Off/Pick Up**

- Guild members may turn in their finished quilts and pillowcases at any guild function. Feel free to show your quilts during *Show & Tell*. If Martha is not in attendance, please give to Norine Oyasato, Stephanie Okabe or any board member. Quilts for Pearl Haven should be given directly to Stephanie Okabe.
- Members and non-members who cannot attend meetings please contact Matha via email or text and we'll arrange a drop-off point or a pick-up.
- Wherever you are turning in pillowcases or quilts please pin a note with your name to each quilt or bag.
- Please do not deliver quilts or pillowcases directly to IHS or Kapiolani.

**For more information or questions, contact Martha:**

**Martha Wacker**

**808-221-9551**

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